

Half & Half nail

Image in Nephrology

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Half and Half Nail: Two distinct bands of white proximal and reddish brown distal half, also called Lindsay's nail, primarily observed in chronic kidney disease patients, is also seen in yellow nail syndrome, Crohn's disease, Kawasaki's disease, Behcet's disease, cirrhosis, hyperthyroidism, zinc deficiency, citrullinemia, pellagra, HIV infection, and even in healthy persons.

The exact pathophysiology of half and half nails is not well understood. The proposed theory is that an increase in capillary density along with capillary wall thickening is responsible for the development of the half and half nail rather than an increase in melanocytes.

Reference:

Ganesh Avhad and Priyanka Ghuge. Half and half nail Indian Dermatol Online J. 2014 Nov; 5(Suppl 1): S67.

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