

From the Desk of Editor In Chief
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Hemodialysis is available at no cost for patients in the public sector hospitals and a large number of charity hemodialysis centers. It is however alarming that in the current important study by Marium et.al. malnutrition is significantly observed among such patients.

Hemodialysis is supposed to be a bridge for patients to return to their daily routine life. In fact, many such patients should become an integral part of work force rather than felt as parasites consuming all the health care cost with no meaningful input to the society.

Attention to detail by the treating nephrologist is the key to a healthy life for our dialysis patients. In this regards, diet and dietary restrictions should be looked at carefully with the transition of each stage of chronic kidney disease. Too much restrictions without clear cut understanding of the nutritional requirements and restriction, leads to anorexia and weight loss ultimately.

The role of nutritionist is no doubt important for CKD patients. However, nutritional requirements of CKD patients are unique to this population and a compassionate attention can improve the overall health of CKD-V D patients.